Hewks Tells

Report cards will be available online through your Parent Connect account on Friday, March 13th. If you do not have access to a computer, you will need to contact the classroom teacher to request a print copy. Student-Parent-Teacher conferences will be held on Thursday, March 15th, from 3:15 p.m. to 7:45 p.m. and on Friday, March 16th from 8:30 to 2:15 p.m. You will be able to book an appointment online through Parent Connect on March 8th beginning at 9:00 am. This will be done on a first-come, first-served basis. Again, if you do not have access to a computer, you can call the classroom teacher to make an appointment.

Instructions for Logging on to Parent Connect:

- Go to the École Seven Oaks Middle School website and scroll down to the bottom right side of the page. Click on the *Parent Connect via Email* link.
- Enter your email address and password. If you have forgotten your password or if this is your first time logging on to Parent Connect, click on "FORGOT MY PASSWORD". You will be prompted to enter your email address. Be sure you use the email address that you gave to the school; both email addresses must match.
- The system will then send you a temporary password to the email address you have on file at the school. Please note this is a temporary password and it should be changed as soon as possible. PLEASE DO NOT GIVE PASSWORDS TO STUDENTS.

<u>Instructions for Booking your parent/student/teacher</u> conference time

- On the top tool bar click the <Intrvw> tab.
- Select your child's homeroom teacher.
- Click on "Select" to choose your appointment time.
- The screen on the right shows you the summary of your appointments.
- To make an appointment with any other teacher, remove the check from the "limit to who teaches this student" and then select the teacher whom you wish to see (ie, phys ed, music, resource, guidance etc.)
- Use the <Print> button to get a reader-friendly copy of the schedule.



WINTER ACTIVITY DAY

Monday, March 5, 2018

As students are participating in outdoor activities, please make sure to be on time and dress appropriately for the weather.

Heather Marks, Directrice heather.marks@7oaks.org Jamil Mian, Directeur adjointe jamil.mian@7oaks.org

800 Salter St., Winnipeg, MB R2V 2E6

Phone: 204-586-0327 Fax: 204-589-0121 www.7oaks.org



The 1950s are out, and change is in the air! Hairspray JR. is the family-friendly musical piled bouffant-high with laughter, romance and deliriously tuneful songs. Adapted from the Broadway production that won eight Tony Awards, including Best Musical, Hairspray JR. is a show that will celebrate students' diversity and bring audiences to their feet with its positive message and uproarious sense of humor.

It's 1962, and spunky, plus-size teen, Tracy Turnblad, has one big dream - to dance on the

popular "Corny Collins Show." When she finally gets her shot, she's transformed from social outcast to sudden star. In balancing her newfound power with her desire for justice. Tracy fights to dethrone the reigning Miss Teen Hairspray, Amber von Tussle, and integrate a TV network in the process. With the help of her outsized mom. Edna, and guest DJ, Motormouth Maybelle, the rhythm of Tracy's new beat just might prove unstoppable. Stay tuned for ticket information

Scholastic Book Fair

Scholastic Book Fair Wednesday, March 14th to Friday, March 16th.

Students will have an opportunity to visit the fair with their classroom.

Also, the library will be open a little later on the book fair days - till 3:30 (for students to visit/purchase books) and of course Thursday evening and Friday during the day to accommodate parent teacher visits.

I look forward to seeing you at the Scholastic Book Fair. Proceeds from this

event will go directly towards putting more books on our library shelves. Thank-you for your support!



Thursday, March 15 6:00 pm in MPR

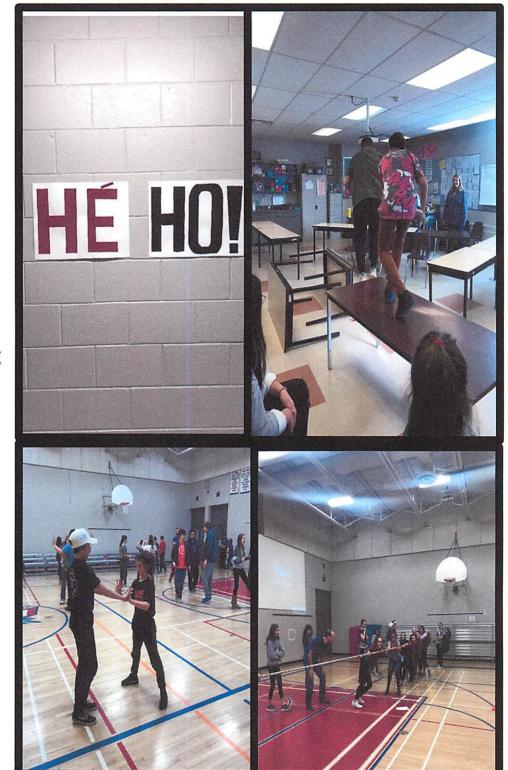
Join us for a Q & A with Matt Henderson, Principal of Maples MET School to learn about the new opportunity for French Immersion MET!

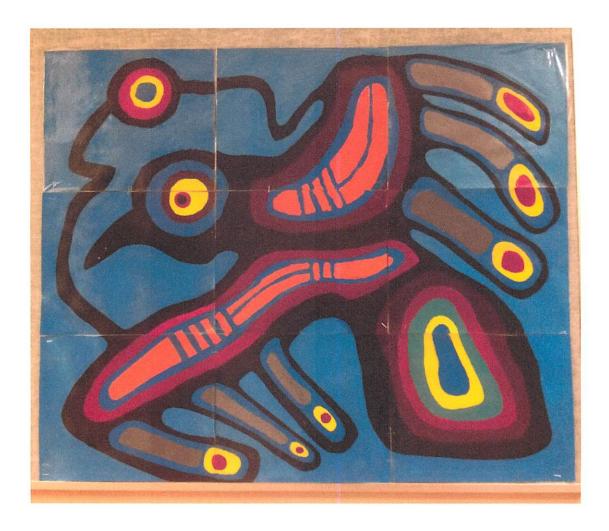
On Friday,
February 16th
ESOMS came
together as a
community of
French language
learners and
participated in
Francofolies.

The day was all about learning new vocabulary, improving communication skills, and learning a thing or two about French-Canadian Culture.

All this was done through fun and interactive activities such as improve, art, songs, games and so much more.

Thank you to everyone who made the day possible!





The past two months room 8 has been lucky to have a number of guest come to our class to teach us about Indigenous history and culture.

On January 25th we had Lavina Moneyas, one of the school division's Indigenous Education teacher come to lead us through the blanket exercise. Through this the kids gained an understanding of the impact of colonization on the Indigenous population. Specifically, we talked residential schools, treaties, the Beothuk, the Indian Act, assimilation, the 60s scoop, and much, much more.

On February 26th we had Dan Thomas, one of the School Division's elders come and talk to us about respect. We learned that respect is really two word, spect, the root of 'to see', and re, meaning again. In this he emphasized that even when people bother us we need to take another look and re-evaluate how we see them.

Elder Dan also shared with us a number of stories about Nanaboozhoo, the medicine wheel, and how to nature the fire within ourselves.

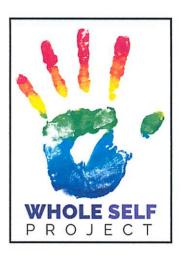
We are grateful to have had the opportunities to have these guest come to our class to share their knowledge with us! Miigwech.

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The Whole Self Project...

Classroom Workshops

We're learning what LGBPTTQIAA* means and the difference between sexual/gender identity and sexual orientation (grade 6). We're explaining consent and talking about the physical and brain changes during puberty (grade 7). The grade 8's are learning how to prevent STIs and pregnancy. After the break, we will be starting the Media Awareness theme.



Power Positif



The *Bag Up Manitoba* team has started collecting plastic bags. They will be collecting until the end of March. If you have grocery bags, retail bags, newsletter sleeves, produce bags, bread bags, ice bags, bubble wrap, dry cleaning bags, re-sealable food bags, cereal bags, pellet bags or case over wrap please bring it to your classroom where a *Bag Up Manitoba* box will be placed to collect them.

https://www.takepride.mb.ca/programs/education/bag-up-manitoba

Please watch the following for more information on the global plastic issue.

https://www.youtube.com/watch?v=74YQWthFz8g

The Red Cross film group has created a great film for the 2018 Red Cross Pink Day Film Festival. The students involved will be attending the showing on Feb 28
The 2017 film can be seen here: https://www.youtube.com/watch?v=qo3ALWPZh1s
The 2018 film will be online soon.

The group is always open to new students. We meet every Thursday at lunch in room 31.

The Power Positif staff members include Jen Davis, Lindsay Brodeur, Steven Serzu, Becky Walter, Lori Morton, Holly Hunter, and Tracy Cervantes.

Roots of Empathy...



Ms. Walter's class and Ms.Krieger's class have been fortunate to have the Roots of Empathy program in their classrooms this year. We are thankful to both Mme. Henry and her son Jack as well as Mme. Labossiere and her son Matéo to join us once a month for visits.

At the heart of the program are a neighbourhood infant and parent who visit the classroom every three weeks over the school year. A trained Roots of Empathy Instructor coaches students to observe the baby's development and to label the baby's feelings. In this experiential learning, the baby is the "Teacher" and a lever, which the instructor uses to help children identify and reflect on their own feelings and the feelings of others. This "emotional literacy" taught in the program lays the foundation for safer and more caring

classrooms, where children are the "Changers". They are more competent in understanding their own feelings and the feelings of others (empathy) and are therefore less likely to physically, psychologically and emotionally hurt each other through bullying and other cruelties. In the Roots of Empathy program children learn how to challenge cruelty and injustice. Messages of social inclusion and activities that are consensus building contribute to a culture of caring that changes the tone of the classroom. The Instructor also visits before and after each family visit to prepare and reinforce teachings using a specialized lesson plan for each visit. Research results from national and international evaluations of Roots of Empathy indicate significant reductions in aggression and increases in pro-social behaviour.



Empathy

The cognitive aspect of empathy is perspective taking and the affective aspect is emotion. Roots of Empathy educates both the mind and the heart.

Empathy is a key ingredient to responsible citizenship and responsive parenting. Information on infant safety and development helps children to be more aware of issues of infant vulnerability such as Sudden Infant Death Syndrome (SIDS), Shaken Baby Syndrome, Fetal Alcohol Spectrum Disorder (FASD) and second hand smoke. Observations of a loving parent-child relationship give children a model of responsible parenting.

In the Gym...

Basketball season has wrapped up for all our school teams. Our athletes had a great season, and played some very entertaining basketball. Thanks to all our coaches that gave up all their time to coach our students. Our girls and boys divisional basketball teams will be playing in their year end divisional tournament starting on March 5th. Good luck to all our players! We will be starting a badminton unit in physical education this week. The badminton school teams will be starting their practices in the next week or so, we will be letting the students know when they practice and who their coach will be. Badminton season will be starting in April after spring break. We are going to be getting warmer weather starting this week, therefore one class will be going outside for phys. ed. while the other class does badminton in the gym.

Movement in the halls!



Music Notes...

February Highlights:

- Congratulations to all Grade 6 students who played and sang beautifully at their first ÉSOMS Concert at the beginning of the month. Thank you to all families and friends who were in attendance.
- Congratulations to all Grade 8 Band Students who participated in Optimist Band Festival. Students represented our school well and brought back with them an award for their superior performance. Bravo to all!



Grade 8 Band in the Warmup Room at Optimist Band Festival, getting ready for their performance.

Important Dates This Month:



Garden City Grade 10s came to visit our Grade 7 & 8 Choir. Students had a chance to sing with each other, and to perform for each other. What a great opportunity to build community between our schools!

- February 23rd March 1st: Local singer/songwriter Raine Hamilton will be working with all grade 8 music students in songwriting workshops. She will also be visiting grade 6 band classes to play, sing and talk about her music making.
- March 16th-17th: Brandon Jazz Festival. Vocal Jazz and Jazz Band students will be travelling to Brandon to share their music with the Manitoba Music Community. We are looking forward to hearing all 5 groups perform!
- Monday, March 19th: Mom's Pantry Deadline. Mom's Pantry Forms will be sent home this week. Students are invited to fundraise towards Thunder Bay and future trips. Please contact Mme Abraham for any additional information.

Thunder Bay Music Trip

Planning and preparation is underway for our Grade 8 Music Trip to Thunder Bay! Grade 8 fiddling, choir, and band students will be our music ambassadors come May, and will share their music with many communities including Kenora and Thunder Bay. Please stay tuned for announcements, meetings and further payment information. Please contact Mme Abraham, Mme LaRue or Mrs. Warner for more information.



Grade 8 Jazz Band students preparing for Brandon Jazz.

Future Dates

- May 10th-13th: Grade 8 Music Trip to Thunder Bay
 - April (TBA): Grade 7 Band Clinic
- May 29th: Grade 6 Final Music Concert. 6:30pm in the ESOMS Gym
- May 30th: Grade 7 & 8 Final Music Concert. 6:30pm in the ÉSOMS Gym

Raine Hamilton Songwriting Workshop - Artists In The Schools

Our grade 8 music students (band, choir, fiddle) had the privilege of taking part in sessions with

singer/songwriter/guitarist/fiddler Raine Hamilton, from February 23 to March 1. Her sessions were taught in English and in French, and there were five different groups: French fiddle, English fiddle, French vocal (two groups), and English vocal. Raine taught the fiddle students the components of a good melody, and guided them as they created one together. She taught the band/choir students how to create a melody, craft lyrics, and put them together. Each group came up with a musical composition which we look forward to sharing with each other.



We are so grateful to the Artists In The Schools for making this experience possible for the ESOMS grade eight music program! Thank you Raine for making this workshop a wonderful experience of musical growth for our students!

WSO Violinists

Our Winnipeg Symphony Orchestra violin group has been rehearsing diligently for the concert on March 14 with the WSO, and is looking forward to taking the stage with the symphony musicians. We were visited by Karin Klassen, music teacher and former violinist with the WSO, near the end of February. She gave the students some helpful advice, and a positive evaluation - it was very encouraging to hear!

Our concert starts at 1:00 p.m. on Wednesday, March 14 at the Centennial Concert Hall.

Grade Seven Fiddlers and Jazz Bands - School Concerts March 20th and 22nd

Our grade seven fiddle students and our grade seven jazz bands are headed to some elementary schools to play concerts for the K-5 students! We are looking forward to playing some favourite tunes for them, and are rehearsing our program as much as possible in the next few weeks.

Following are the details for the four concerts planned:

Tuesday, March 20 - Fiddle (Walter/Denchuk/Hunter) and Jazz B

Victory School - 11:30 a.m. - 12:00 Governor Semple School - 2:00 - 2:30 p.m.

Thursday, March 22 - Fiddle (Smith/Krieger/Hall) and Jazz A

Ecole Riviere Rouge - 11:00 - 11:30 a.m. Ecole Belmont - 1:30 - 2:00 p.m.

Parents are welcome to attend the concerts!

Des moments dans la salle 15

La première photo c'est un photo de Colby qui voulait enseigné son activité préfèré avec la classe. Les cubes rubic's c'est populaire dans notre classe et il voulait montré la classe comment vite qu'il peut le résoudre. La deuxième image capture les reactions de la classe, ils sont tous surprises que Colby pouvait résoudre la cube aussi vite que ça.







SUN	MON	TUE	WED	THUR	FRI	SAT
BRANDON JAZZ FESTIVAL MARCH 16 & 17				1 Day 2	SCHOOL PD NO CLASSES	3
4	5 Day 4 WINTER ACTIVITY DAY	6 Day 5	7 Day 6	8 Day 1	9 Day 2	10
11	12 Day 3	STUDENT REPORTS AVAILABLE ONLINE	14 Day 5	PARENT/ TEACHER CONFERENCES	PARENT/ TEACHER CONFERENCES No Classes	17
18	19 Day 2	20 Day 3	TAS TERM 3 BEGINS	22 Day 5	23 Day 6	24
25	I.	prin				31



SUN	MON		TUE	WED	THUR	FRI	SAT
1	2	Day 1	3 Day 2	4 Day 3	5 Day 4	6 Day 5	7
8	9	Day 6			12 Day 3 HAIRSPRAY JR! CCFM 7:00 PM	13 Day 4	14
15	16	Day 5	17 Day 6	ÉSOMS OPEN HOUSE 6:30 PM	19 Day 2	SCHOOL PD NO CLASSES	21
22	23	Day 4	24 Day 5	25 Day 6	26 Day 1	27 Day 2	28
29	30	Day 3					5

Kildonan Youth Activity Centre (KYAC)

KYAC Program Coordinator: amy.wilson@7oaks.org OR (204)470-9460

http://www.7oaks.org/Programs/KYAC/Pages/default.aspx



What is KYAC?

KYAC is a non-profit youth drop-in centre concerned with meeting the needs of youth, ages 8-17, in Seven Oaks School Division. Our drop-in programs offer a wide variety of activities ranging from low organized games, recreational sports, movie nights, guitar lessons, art classes and crafts.

Drop-in Gym Hours:

Edmund Partridge Community School (EP):

Monday, Wednesday and Friday 6-9pm

École Seven Oaks Middle School (ESOMS):

Tuesday and Thursday 6-9pm Saturday 12-5pm

Structured Program Hours:

Governor Semple School:

Wednesdays 3:30-5:30pm

Forest Park School:

Thursdays 3:30-5:30pm

École Riverbend Community School:

Tuesdays 3:00-5:00pm Fridays 6-9pm

MARCH 2018							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
				1	2	3	
4	5	6	7 No KYAC @ EP	8	9	10	
11	12	13	14 No KYAC @ EP	15	16	17	
18	19	20	21	22	23	24 No KYAC @ ESOMS	
25	26	27	28	29	30	31	
	Spring Break Program				Good Friday No KYAC	No KYAC @ ESOMS	

KYAC is once again offering a Spring Break Program

Dates: March 26th-March 29th

Hours: 11:00am-3:30pm

Location: Ecole Seven Oaks Middle School (800 Salter Street)

*This is a free drop in program but please note that there is no lunch program offered. We ask that you please bring the appropriate snacks & drinks. Thank you!











I COULD HARDLY WAIT TO GET MY LACROSSE STICK OUT AND START THROWING THE BALL AROUND.







Ages 5 to Adult!
Box lacrosse is
played on a
standard sized
Arena floor with six
players on the floor
at one time, 5
players and 1
goaltender. The
strategy is similar
to basketball.

Canada's Official Summer Sport!

Registration is now open for season from April to June 2018!

Lacrosse is the fastest sport on two feet and is happening right here with North Winnipeg Falcon's Lacrosse!

Questions? Comments! Email: nwpgfalconslax@gmail.com www.falconslacrosse.net Facebook: @nwpgfalconslax